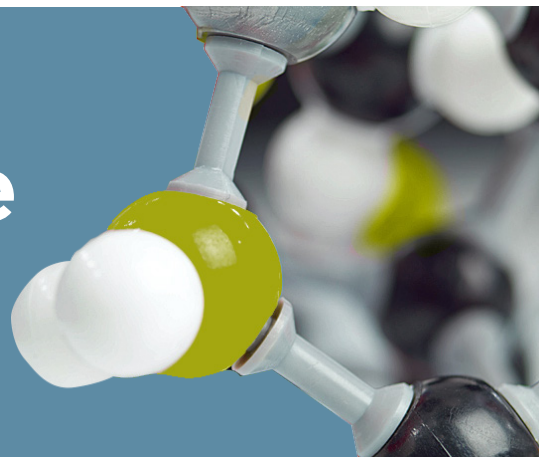


# Expanded Polystyrene Chemical Composition



Expanded polystyrene (EPS) is a lightweight, rigid, cellular plastic composed of organic elements – carbon and hydrogen. EPS foam products are made from expandable polystyrene (PS) resin beads impregnated with a blowing agent. The resin beads are expanded and then fused with steam in a mold cavity. This efficient manufacturing process creates a cellular structure filled with air. Most EPS foam is 98% air and only 2% plastic.

## Chemical Composition

Everything around us, including the human body and everything we eat and drink, is entirely made up of chemicals. All chemicals have inherent properties that can be a hazard – even water and oxygen (it's possible to drink too much water and oxygen can cause explosions). When evaluating EPS, it is important to recognize the chemical elements and their function in the manufacturing process to produce finished foam products.

### Pentane

Polystyrene resin beads contain a small percentage (3-6%) of the blowing agent pentane, a saturated hydrocarbon which has very low global warming potential. When exposed to steam, the pentane expands causing the resin bead to be expanded up to 50 times its original volume. The residual pentane found in finished foam products dissipates within a short time, being replaced with air.

### Styrene & Polystyrene

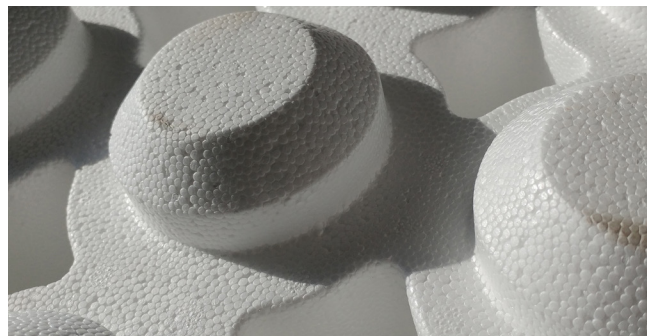
Styrene is a liquid building block chemical used to polymerize a variety of polystyrene plastics. It is also a naturally occurring chemical found in many common plants and foods, such as strawberries, coffee, cinnamon and beef. The residual styrene that can be found in finished EPS foam products is very low.

### Flame Retardants

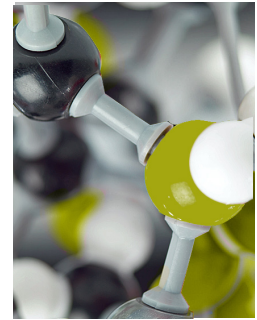
Flame retardants (FR) are used in EPS building insulation to reduce the risk of fire. Experts recognize that the use of flame retardants helps prevent fires from starting and can slow flame spread which is critical when every second counts. EPS building insulation manufacturers began phasing out Hexabromocyclododecane (HBCD) in the early 2010's. All major resin manufacturers completed the transition before Canada's sunset date of December 31, 2016. Globally, China banned use of HBCD as of December 2021. To improve the effectiveness of the FR, a synergist is often added to the EPS resin. Typical synergists include dicumyl peroxide and dicumene. While dicumene may cause skin sensitization, the peroxide poses greater risks including birth defects, eye irritation, a fire hazard, and aquatic toxicity. Packaging does not require the use of flame retardants.

### Emissions

It is essential to differentiate between the chemical composition of expandable PS resin and the emissions profile of finished EPS foam products. Results from a UL Environment emissions screening of EPS chemical compounds are shown in the next table.



EPS Packaging & Insulation Foam Emissions – 24-hrs Post-Manufacture		
Chemical	Emissions µg/m <sup>2</sup> ·hr	Notes
Pentane	13-130	Fully dissipates after molding.
Styrene	32-80	Residual amount from EPS resin manufacturing.
Acetophenone	47-150	By-product of EPS resin manufacturing with flame retardant. Used in insulation building applications.
Ethylbenzene	3-53	Unreactive styrene impurity.



## Human Exposure & Risk vs Hazard

Regulatory agencies set exposure limits through scientific risk assessments to determine a safe threshold for various chemicals found in everyday products. When exposed to a chemical below those thresholds, there is no hazard.

Although trace amounts of styrene are found in EPS foam products, reports published by the FDA and the U.S. Department of Health and Human Services (HHS), indicate the minute amount of styrene typically found in polystyrene – including EPS – is not a concern.

### Indoor Air Quality

Numerous third-party test reports confirm EPS insulation meets some of the most stringent standards for indoor air quality. Intertek Testing has verified EPS packaging and insulation VOC emissions through California Specification 01350, Standard Method for the Testing and Evaluation of Volatile Organic Chemical Emissions from Indoor Sources Using Environmental Chambers. Many EPS manufacturers have certified their products for indoor air quality as low-emitting by UL GREENGUARD.

The UL Environment Styrene Exposure Assessment for Expanded Polystyrene Foam Insulation Materials report determined indoor air concentrations associated with product emissions of styrene using ASTM D5116, Standard Guide for Small-Scale Environmental Chamber

Determinations of Organic Emissions from Indoor Materials/Products. This toxicological assessment used “worst-case” conditions for both emitting surface area, airflows and human exposure to conservatively estimate indoor air styrene concentrations and the potential risk to building occupants associated with EPS insulation materials.

According to the report, exposure to EPS insulation within a private office, school classroom or home residence would result in estimated consumer lifetime average daily doses (LADDs) for styrene that are less than the California Office of Environmental Health Hazard Assessment (OEHHA) established ‘No Significant Risk Level’ (NSRL). The report further states it is likely that actual consumer exposures to styrene associated with the use of EPS insulation materials will be lower than the values calculated.

### Environmental Exposure

EPS products are inert and non-toxic in land and water systems. While EPS will not biodegrade readily in the environment, prolonged exposure to sunlight will cause the material to break down slowly over time. EPS is safe for landfills, it does not break down into hazardous gases or other toxic compounds.

## Studies Affirm Potential Exposures for EPS Foam Fall Below Applicable Limits

Organization	Report	Results
Dept. of Health & Human Services, Center for Disease Control, National Institute for Occupational Safety & Health (NIOSH)	NIOSH Health Hazard Evaluation Report 2005-0243-3016, 2006	“EPS manufacturing plant employees were not exposed to greater than applicable occupational exposure limits for carbon monoxide, pentane, styrene, acetophenone, ethylbenzene, xylene or respirable dust.”
Aarhus University	Limited Evidence That Styrene Causes Cancer in Humans, 2017	A study of more than 72,000 employees exposed to styrene has not found an increase incidence of a wide range of cancer types.
U.S. Food and Drug Administration (FDA) Food Additive Master File (FAMF)	The Safety of Styrene-Based Polymers for Food Contact Use, 2013	“Estimated daily intake (6.6 µg/person/day) is more than four orders of magnitude less than the acceptable daily intake.” (90,000 µg/person/day)

Note: No Significant Risk Level (NSRL) is the risk level of less than 1 case of cancer in 100,000 people over a 70-yr lifetime of exposure.

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The EPS Industry Alliance publishes bulletins to help inform professionals on the performance characteristics of expanded polystyrene (EPS) products. The information contained herein is provided without any express or implied warranty as to its truthfulness or accuracy.